

CORE TREATMENT SERVICES INCORPORATED

TREATMENT INFORMATION

Typically, your stay with CORE Treatment Services, Inc. will last anywhere from 30 – 90 days. We understand that you have personal belongings that may be important to you during this time. Below we have guidelines for items that you may want to bring along and items you should leave at home. Due to space limitations we respectfully request that you follow the guidelines and cooperate with the use of the limited space. Furthermore, there are items that are strictly prohibited. You and your belongings will be searched upon admission. Any unauthorized items will be kept and returned to you upon discharge.

You will be expected to provide your insurance card and driver's license or photo ID upon admission.

Clothing: A week's worth of clothing (7 days) should be plenty for your stay with us. We offer laundry facilities and each resident is assigned a laundry day in which they can clean their clothing. Please take into consideration the time of year and typical weather conditions to ensure you pack appropriately. Outings do occur and residents can expect to spend part of their days outside. CORE Treatment Services, Inc. has a dress code for their employees that we expect our residents to follow as well. Please do not bring clothing that is suggestive, represents drug and/or alcohol use or paraphernalia. You will be given a copy of the dress code prior to admission. Suggested items for your stay include:

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| *Shoes | *Shirts, pants, shorts for 7 days | *Socks |
| *Undergarments | *Robe | *Slippers |
| *Pajamas | *Hats | *Swimsuit |
| *Workout clothing | | |

Personal Items: CORE Treatment Services, Inc. follows a structured daily schedule. It is imperative that you have all necessary items with you upon

admission as there will not be an opportunity to leave the treatment center and grab forgotten items. Furthermore, family and friends are limited in what they can bring with them during visiting hours. Please do not bring items that contain alcohol. Any item that contains alcohol will be thrown out. The following items are provided for you: Toothbrush/toothpaste, shampoo, conditioner and body wash. Some items you may choose to bring with you are:

*Comb/brush

*Lotion/moisturizer

*Razors

*Deodorant

*Feminine hygiene products

*Hair product

Money: You are allowed to bring cash with you to treatment. Cash must total less than \$200. There will be weekly outings in which you can purchase small items such as snacks, toiletries, miscellaneous items and tobacco products. All money will be locked in a personal lockbox kept in a locked room. All residents will have access to their money and a log will be kept of withdrawals and deposits.

Personal time: Adequate down time is part of your overall treatment at CORE Treatment Services, Inc. However, you are encouraged to engage in healthy, meaningful activities during this time. A notebook is provided to each resident to use for journaling, homework and reflection. You may also choose to bring books, magazines, movies and games. No items that promote drug paraphernalia or substance use will be accepted.

Prohibited items: CORE Treatment Services, Inc. takes your recovery and treatment seriously. We want to provide a safe, nurturing environment that allows each individual the opportunity to change their life. Our treatment program strictly prohibits the following items:

*Laptop computers or handheld computer devices

*Cell phones

*Weapons of any kind

*Drugs and/or alcohol

*Any items used in the manufacturing of drugs

*Any items containing alcohol

*Permanent markers

*Suggestive clothing

*Clothing, movies or any item that promotes substance use or paraphernalia.